

With Your Own Two Hands Selfdiscovery Through

With Your Own Two Hands Perspectives in Performing Arts Medicine Practice II With your own two hands From the Stage to the Studio Practicing Music by Design Alison Walsh Musical Excellence Perceptual Experience in Merleau-Ponty and Ryle Good Lives The American Music Teacher The Development of Skill in Reading Music Passion for the Piano Your Life in the Palm of Your Hand, a Hand Analysis System of Self Discovery Cum Notis Variorum Engineering and Mining Journal Central Reporter Catalogue "A" Dictionary of Music and Musicians (A.D. 1450-1883) ... The Canada School Journal Music, Books on Music, and Sound Recordings Seymour Bernstein Sang-Hie Lee Seymour Bernstein Cornelia Watkins Christopher Berg Constance Evelyn Aaron Williamon Sâmara Costa Samuel Clark Larry Scripp Judith Oringer Kathryn Harwig May and May (Firm) Sir George Grove Library of Congress

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for anyone who s ever suffered through music lessons or sat paralyzed with fear at the piano here s a master teacher s remarkable self help guide to realizing all your musical talents it s a tested practical program for conquering nervousness sharpening memory and concentration building coordination and flexibility for demolishing the stumbling blocks that every musician faces so that you can know the joy of making the best music you can all with your own two hands back cover

performing arts medicine is a multidisciplinary specialization combining the fields of performing arts and healthcare the book focuses on performing arts medicine as an occupational health that impacts wellness in public health and imparts the arts in healing it shares knowledge from experienced practitioners novel research findings region

specific dance experiences and uses of body mind movements for healing the first part opens with a chapter on vivid illustrations of the risky stage setups and long hours of bodily abusive practice and ends with a chapter that explores the new conceptual frame of neurophenomenology as a philosophy and methodology in musician training and rehabilitation the second and third parts address multi disciplinary collaborative voice care plans joint hypermobility performance anxiety resilience performance related traumatic stress disorder communal healing through drumming as medicine and dance as healing agent for societal and medical problems

an expanded updated and improved second edition of an essential book for aspiring teacher musicians whether serving on the faculty at a university maintaining a class of private students or fulfilling an invitation as guest artist in a master class series virtually all musicians will teach during their careers from the stage to the studio speaks directly to the performing musician highlighting the significant advantages of becoming distinguished both as a performer and a pedagogue drawing on over sixty years of combined experience authors cornelia watkins and laurie scott provide the guidance and information necessary for any musician to translate their individual approach into productive and rewarding teacher student interactions premised on the synergistic relationship between teaching and performing this book provides a structure for clarifying the essential elements of musical artistry and connects them to such tangible situations as setting up a studio teaching a master class interviewing for a job judging competitions and recruiting students from the stage to the studio serves as an essential resource for university studio faculty music pedagogy teachers college music majors and professionals looking to add effective teaching to their artistic repertoire this second edition provides readers useful tools for understanding current and ever changing neurological and behavioral studies of music practice this edition also features best practice recommendations for online teaching in both individual and ensemble settings as well as new sections featuring financial advice for independent musicians and self employed studio teachers beyond this the authors have added practical tips on essential writing and language skills for teaching planning self promotion job applications and advocacy they have also revised the book s discussion of additional training and certification requirements for teaching positions and provided updated information on professional music teaching associations bringing it all together is the second edition s larger format ideal for including readers written responses plus a new user friendly worksheet style grid for cross referencing sequenced instruction with a variety of learning approaches

practicing music by design historic virtuosi on peak performance explores pedagogical practices for achieving expert skill in performance it is an account of the relationship between historic practices and modern research examining the defining characteristics and applications of eight common components of practice from the perspectives of performing artists master teachers and scientists the author presents research past and present designed to help musicians understand the abstract principles behind the concepts after studying practicing music by design students and performers will be able to identify areas in their practice that prevent them from developing the tenets articulated here are universal not instrument specific borne of modern research and the methods of legendary virtuosi and teachers those figures discussed include luminaries

franz liszt and frederic chopin renowned performers anton rubinstein mark hambourg ignace paderewski and sergei rachmaninoff extraordinary teachers theodor leschetizky rafael joseffy leopold auer carl flesch and ivan galamian lesser known musicians who wrote perceptively on the subject such as violinists frank thistleton rowsby woof achille rivarde and sydney robjohns practicing music by design forges old with new connections between research and practice outlining the practice practices of some of the most virtuosic concert performers in history while ultimately addressing the question how does all this work to make for better musicians and artists

offers performers teachers and researchers new perspectives and practical guidance for enhancing performance and managing the stress that typically accompanies performance situations it draws together the findings of pioneering initiatives from across the arts and sciences

this book explores the most important works of two authors of contemporary philosophy maurice merleau ponty a phenomenologist and gilbert ryle an analytic philosopher the two share many interests in the field of philosophy of mind and perception but represent distinct lines of research sâmarâ costa compares the work of these two philosophers and exposes the interest in both of showing that there are some problems in the use and clarification of important concepts for the study of perceptual experiences concepts that have become habitual in explanations of the experience and have crystallized into a language that no longer corresponds to the phenomenon itself in addition to this conceptual analysis costa shows that there is also in both authors an attempt to make a phenomenology of the concept obviously in connection with the lived experience

samuel clark explores how we can learn about ourselves by reading thinking through and arguing about autobiography he defends a self realization account of the self and the good life and argues that self narration plays less role in our lives than some thinkers have supposed and the development and expression of potential much more

this book is a collection of keyboard fact and falderal designed to entertain and educate those who play tune teach sell or love the instrument provides historical background including its fateful invention by bartolomeo cristofori an eighteenth century florentine instrument maker the piano s kaleidoscopic evolution from its forerunners the harpsichord and clavichord to today s concert grand and synthesizer and the development of piano craftsmanship and manufacturing includes practical information piano lore and advice covering how to shop for a new or secondhand piano how to compare the quality and playing potential of master brands how to fix sticky keys scratched cases broken strings and other piano ailments where to find a reliable tuner music schools and conservatories and how to soundproof your room or apartment in addition this book is a celebration of america s love affair with the piano ranging from firsthand accounts by piano makers conservatory teachers competition judges and restorers to humorous and revelatory anecdotes about such stars as artur rubinstein lorin hollander ruth laredo liberace claude bolling teddy wilson and herbie hancock who tell you what inspired

them to play practice and perform lastly this book has a mix of quizzes questionnaires and quicky facts highlighting the piano in literature film and politics and amazing piano feats by mozart clara schumann and rachmaninoff

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